# · GUNA®- MOOD

## Ingredients:

5-Hydroxytryptophan 3X Alfalfa 6X Avena sativa 6X Ignatia amara 30C Lachesis mutus 30C Phosphoricum acidum 6X/12X/30X/200X Pineal gland 6X/12X/30X/200X Salix vitellina, Flos 10X Salmonella typhi 30C Sepia 6C/30C Serotonin 6C/30C Thymus gland 6X/12X/30X/200X Tryptophan 3X

### Uses:

Anxious depression; cyclic mood disorders; psychogenic food disorders (in particular bulimia, with carbohydrate craving); depressive

states and mood instability in the menopausal and pre-menopausal period.

## **Directions:**

20 drops twice a day for two months at least.

#### Most common combinations

Guna-Mood + Guna-Fem: anxious-depressive syndromes due to endocrine imbalance, typical of the perimenopausal period.

Guna-Mood + Guna-Matrix (+ Guna-Liver): anxious-depressive syndromes in patients previously treated with conventional anti-depressives and anxiolytic medications.

Guna-Mood + Guna-PMS: anxious-depressive syndromes during PMS.

Guna-Mood + Anti Age Stress: anxious-depressive syndromes as a consequence of stress.

Guna-Mood + Guna-Sleep: anxious-depressive syndromes with insomnia.





## Package size:

30 ml/1.0 fl. Oz. bottle

DROPS

### Complexes

## **GUNA®- MOOD**

### The rational structure of GUNA®-MOOD according to Guna-Method

